

Newsletter



Hello Everyone,

It is my privilege once again to provide you with an update on the club in this column.

On the whole, the club is more stable financially than it has been for many years. This past year we made a profit similar to that of 2011-12. Earlier this year, the Board turned its focus on updating the club's facilities - repairing and replacing broken and worn out appliances and amenities. In addition to our own plans, Mother Nature got into the act and provided us with extra considerations. We've felt the effects of ice-storms, wind

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President's Message

storms and flood. We have been overwhelmed by the number of issues, both big and small, that have beset the facility. As well, many of the projects were not straightforward to repair or install the outdoor lights and the sprinkler system being prime examples. These, however, were overshadowed by the biggest expense of all, that of replacing the old furnace with a new one for this winter. Apart from normal wear and tear. we've also had to comply with reguests to update certain aspects of the club to satisfy revised provincial safety codes and standards. We are working on them as best we can.

It has not been an easy task deciding how and where the money should be deployed when confronted with so many issues all within a relatively short period of time. Fortunately, the club is in a position to take care of the most pressing of the problems but not all of them at once. Those that were regarded as less vital were put on the back burner. Management and Board are well aware of inconveniences that members have had to tolerate (e.g the outdoor lights) and we thank you for your patience. Hopefully by next year, many of these issues will have been resolved and the club much improved as a result.

With the number of projects needing attention, the club will continue to rely on the generosity of its members to volunteer their time and services in any capacity in order to save money. The club is not yet at the stage where it can afford to pay for the necessary refurbishments and maintenance in addition to the services that are required to run the in-house activities that it offers. It is a goal to aim

for but until it can be achieved, the club will welcome and continue to rely on volunteer help.

Over the years many of our members have given of their time but a handful of members continue to do so every year and the club is especially grateful to these individuals. Chief among these are Guido and Christel Weber and Rick Ware. This Fall, Rick was assisted by Mike Kolbasnik in closing down the outdoor courts. Mary Liz Hearn continues to toil over the compilation and organization of material for the club's 100th Anniversary. The members of the Board have been generous with their time helping with organizing and overseeing club events and with chores around the club in addition to the time spent at meetings. Our manager, Helen has her hands full dealing with the numerous issues arising this past year and while she is doing a great job, especially considering this is her first year in the position, she needs the extra help at this time.

To all of you, thank you for participating in the club's activities this summer and contributing to its well-being. Please continue to support the club in any way you can, either in offering a helping hand with projects and events or playing lots of tennis. It's the only way we can remain on track with the improvements that are underway. I thank the coaching and desk staffs for their friendly service and for jobs well done.

Best wishes for an enjoyable and healthy indoor season of tennis.

Pat Craton President board@waterlootennis.com



Newsletter

Manager's Message



It has been a challenging Fall as manager of the club. Our club has been hit with many problems at once.

First we were faced with the news that the heater in the bubble could not be fixed and needed to be replaced. These heaters take months to be built. The current plan is to have this installed and running in the first week of January.

We have investigated a number of options to provide some temporary heat to the bubble. On November 26 and 27th, Conestogo Mechanical installed a temporary heater for the bubble. This will provide a little extra heat until the permanent heater can be installed.

In October an electrical failure caused the septic pump to stop working. This flooded the entire basement, including the change rooms. Flood Restoration was hired to completely sanitize everything that could be cleaned and to dispose of anything that couldn't. We are now working hard on putting everything back together. By mid-December both of

the change rooms should be completely renovated.

We also had water seeping into the indoor courts during heavy rain storms. The Farley Group was hired to fix this problem so that it doesn't happen again.

At the end of November, the City of Waterloo removed the asbestos ceiling tiles from the stairways going up to the club lounge.

And now for the good news ...

It has been extremely gratifying to see that members have stepped up to help out as needed.

In addition to the club members mentioned in Pat's message, I would like to thank the ten club members who came out to the Fall Cleanup Day and worked tirelessly to get the grounds in shape for the winter (page 9).

This year the UW Tennis Club has donated \$1,000 to the Waterloo Tennis Club. We sincerely thank them for their donation.

While we are sorry to be losing the ITF Professional Women's Tournament next year (see page 8) we are thrilled that the tournament is donating its inventory and leftover funds to the club in addition to the \$4,000 already donated to the club this year.

We've got some great events planned for both adults and junior members in December. Details of these events are in the newsletter. If you are a new member, make sure you sign up for a free evaluation on Saturday Dec 7th at 9 am.

We also have a Holiday Mixer scheduled for Dec 6th from 7 to 9 pm as well as our popular free Christmas Brunch on Sunday Dec 15th (see page 14).

For our juniors we will be hosting an OTA Rookie Tour tournament on Dec 8th (page 14). Also our next junior round robin will be held on Dec 15th.

We've had lots of events and tournaments at the club this past summer. You'll find pictures and articles about these throughout the newsletter.

I look forward to the New Year when we will all be able to enjoy a warm, dry bubble and renovated change rooms.

Helen McArdle Manager <u>helen@waterlootennis.com</u>





I always think of the indoor season as a "back-to-basics" time. It is a chance to regroup and establish (or re-establish) playing goals in order to prepare for the next outdoor or competitive season. Like the new school year, the fall and winter seasons feel like a chance to have a fresh start.

A fresh start begins with getting Back to Basics.

Basics can be seen as the bottom-line skills that will allow you to play the game effectively at whatever level you are at. As you will see below, basics can vary depending on your playing level.

To be sure, learning new skills is critical to taking your game to another level. However, it is helpful to ensure that you have a solid foundation of technique at your current level before working on more advanced skills. In the pursuit of "deliberate practice" (see Coach's Corner December 2010), it is possible to have technical goals that are more difficult than you can realistically achieve. Some-

times it is enough to hone the skill you have. As with your tennis shots, knowing your training target (i.e. goal) and getting to the point where you are able to consistently hit it is an important strategy in your tennis development.

The main idea here is to clean up and maximize your current skills by focusing on the basics that make up those skills. As much as a 3.0 player wants to get to be a 3.5 player, the first thing is to become the best 3.0 player he or she can be.

One description of the next level of playing tennis is to "do everything you are currently doing, but execute at a higher tempo." In order to do this, it is important to ensure you are mastering the techniques for the level you are at.

Like the proverbial "wax on, wax off," (Karate Kid) basics are not always so flashy and can sometimes feel a bit tedious. However, they are the foundation you build your game on. Working on basics should be at the core of your indoor practice sessions. The goal is to master the basics so they become automatic.

Having said that, the reality is that you will always have new basics to work on. Like the Zen Buddhist proverb "Before enlightenment, chop wood carry water: after en-

COACH'S CORNER

With

Gary Winter

Head Tennis Pro

lightenment, chop wood, carry water," you will never get away from working on the basics regardless of your level of play. This is also reflected in the "Beginner's Mind" approach to learning, meaning that, at whatever level you are currently at, you will still be a beginner if you want to get to the next level.

With a "Beginner's Mind" approach you are always looking for new possibilities for improvement at whatever level you are at.

Different Levels, Different Basics

Here is a brief outline of the different basics to be focused on at the various levels of the game.

2.5 (novice)

At this level, basics are what it is all about. From grips to contact to movement, everything is pretty new and should be kept pretty basic. The most important of the fundamentals is to control the racquet head and don't try to hit too

hard. The sooner you can have quality rallies, the faster you will improve.

3.0 (low intermediate)

Often this level is about not getting too far ahead of yourself. The steady players are the most successful at the 3.0 level. Reducing "unforced errors" and cleaning up ineffective technique (before it becomes a "bad habit that you can't get rid of) are the focus for the 3.0 player. Your practice should be focused on hitting quality shots (i.e. clean, solid contact) with increased consistency.

3.5 (intermediate)

This is a great level to get to. Typically at this level, you have enough control to have quality rallies on a consistent basis with players at your own level. You can get a great work out by having longer, co-operative rallies. The basic focus at 3.5 is laying the foundation to work on more advanced skills such as the use of spin on your shots. Because you have a good foundation of basic skills, you are able to try new things while still being able to revert to the basics. Skills in tennis are not necessarily an "either/ or" approach. In the course of a single point you may go from blocking back a serve to taking a full swing on groundstrokes to hitting touch shots such as drop shots or lobs. Being adaptable to the situation is another basic skill to master at this level.

4.0 (high intermediate)

Basics at this level involve playing more aggressively while maintaining a degree of consistency. More aggressive play will result in more unforced errors (the "aggressiveness margin" statistic in pro matches is the difference between winners, forced errors to unforced errors). Increasing your aggressiveness is as much a tactical decision as a technical skill. It is interesting that one of the characteristics at this level is "not yet playing good percentage tennis" (which means combining tactics and technique for more effective results). This level also sees a focus on making your serve a weapon with the use of increased speed and/or spin. As well, developing a strong second serve becomes a basic necessity at the 4.0 level.

4.5 (low advanced)

The major "basic" here is "very good consistency". Because opponents also have better skills, transitioning between offense and defense while maintaining consistency becomes an essential basic skill to have. It is often said of the top pro

players that they have excellent defensive skills (although we tend to not notice good defense as much as spectacular offense).

5.0 (advanced)

It is assumed at this level that players play aggressively with few visible weaknesses. Often a 5.0 player will have a "weapon" such as a very strong serve or forehand. Although they are worked on at all levels. this is the level where the basics often involve developing mental toughness skills. We often hear how the difference between top players comes down to mental toughness. When two players have similar levels of technical skills, their mental toughness will be a determining factor. A description at this level is "this player is 'match wise,' plays percentage tennis and 'beats himself or herself' less than the 4.5 player." The only way to get this experience is to play a lot of competitive matches where there is pressure, or stress, to perform.

The Play Rating Guidelines are available at the Water-loo Tennis Club.

As always, taking a lesson from a certified pro at the Waterloo Tennis Club is a great way to get back to basics.

Improving your game

LESSONS

The Club offers lessons to its members at competitive prices. Take advantage of this to improve your game. Coaches Gary Winter, Mike Ratcliff, Manuel Castillo & Kye Allen look forward to helping you take your game to the next level. You can book a private lesson or find some friends to join you to share the cost. Mike Ratcliff also offers group clinics on a weekly basis on Wednesday and Saturday mornings. The signup sheets for these are on the club bulletin board.

COACHING PRICES						
Private Lesson - MEMBER	\$50.00					
Package of 5 lessons (Save \$20)	\$230.00					
Private Lesson - NON-MEMBER	\$60.00					
Package of 5 lessons (Save \$35)	\$265.00					
Semi-private (2 people) - MEMBER	\$27.00PP					
Package of 5 lessons	\$125.00PP					
Semi-private (2 people) - NON-MEMBER	\$32.00PP					
Package of 5 lessons	\$150.00PP					
Three Player clinic - MEMBER	\$18.50PP					
Three Player clinic - NON-MEMBER	\$25.00PP					
Four Player clinic - MEMBER	\$15.00PP					
Four Player clinic - NON-MEMBER	\$20.00PP					

PRO-AM

Twelve lucky members came out on Nov 22nd to test their skill against our club pros, Gary Winter, Mike Ratcliff, Manuel Castillo and Kye Allen. Afterwards, beer, wine, and delicious appetizers were served in the club lounge. Everyone enjoyed their time on and off the court.



Kye Allen, Gary Winter, Manuel Castillo & Mike Ratcliff



Club Championships Results

Junior Singles



Under 16 Ryan MacLean (Champion) Aliyah Alli (Finalist)



Under 18 Field Westbroek (Champion) Derek Holzscherer (Finalist)

Singles



Women's Singles Finalist
Aliyah Alli
Women's Singles Champion
Lisa Hoffman



Men's Singles Finalist
Eddie Cen
Men's Singles Champion
Steven Nieboer



Men's Singles 'B' Champion Andrej Tamindija Men's Singles 'B' Finalist Ryan Hummel

Doubles



Women's Doubles Champions

Martha D'Agostino & Suzanne Edwards

Finalists
Pat Craton & Ay-Ling Wang



Men's Doubles Champions Steven Nieboer & Victor Sydorczak

Finalists
Filbert Nghiem & Eddie Cen



Mixed Doubles Champions Lisa Hoffman & Steven Nieboer

Finalists
Suzanne & Chris Edwards



SUMMER TEAM TENNIS WRAPUP

From June to October, six teams of four players (two men and two women) met once a month to compete against one another on the court and in the culinary field. At the end of the day's play, the participants gathered in the upstairs lounge and enjoyed a variety of tasty dishes served up by the "home" teams. The victorious team this summer were The Alley Gators made up of Rick Ware, Janet Haraszthy, Fouad Sawaya and Ying Liu. The runners-up were the Net Setters (Helen McArdle, Jutta Haas, Marko Sirotic and Michael Wang). The remaining teams in order of merit were Four Clay (Mary Ruehlicke, Susan Serednsky, Frankie Nelson and Bruce Polan), Screwballs (Suzanne Edwards, Brenda Nelson, Mike Watson and Bob Zwarych), No



Names (Pat Craton, Elisabeth Betker, Alex Costea and Jake Sivak) and *Net Assets* (Lisa Hoffman, Julie Zwarych, Ryan Hummel and Jim McGill).

Thanks to all the players and subs who made the season a success!



DESIGN/BUILD presented by Victoria Star Motors

This was the 6th year that the Waterloo Tennis Club has hosted an ITF Pro Circuit women's event. Over 100 members of the club volunteered their time to help make the 2013 \$50K Cooper Challenger presented by Victoria Star Motors a big success.

Julia Glushko of Israel, the no. 2 seed of the tournament was victorious beating Canadian Gabriela Dabrowski, the no. 6 seed and no. 243 in the world 6-1, 6-3. Julia's ranking has jumped from 129th when she entered the tournament to 89th in the world.



Tournament committee with Julia & Gabriela

The doubles tournament was won by Canadians, Sharon Fichman and Gabriela Dabrowski.

Unfortunately we will not be running the ITF tournament in 2014. The tournament committee was looking forward to the challenge of raising our game again by organizing a \$75K event. It has demonstrated how far we have come that Tennis Canada was willing to entrust us with an event of this size.

The current local environment made it difficult for us to commit to a multi-year deal with Tennis Canada. The reality is that the challenges in the local economy, including the uncertainty surrounding BlackBerry, have had an impact on some of our main sponsors' ability to commit at this time.

We will be monitoring the conditions throughout 2014 and will keep the door open for hosting a tournament in the future.

We only have to look at how well Genie Bouchard, Sharon Fichman and Gabriela Dabrowski have done this year to know that we have made a difference to women's tennis in Canada and around the world.

The tournament has already donated \$4,000 to the Waterloo Tennis Club this year. Given that the tournament won't be running next year, the tournament organizers have decided to donate all the tournament inventory (including umbrellas, mini-nets & balls) worth over \$7,000 to the club. It will also be donating any funds left over from this year's tournament to the club as well. They have requested that these funds be used for a new sprinkler system.

Helen McArdle Tournament Director

Summer Scenes



Courts Plus
French Open Mixed Doubes Tournament



Women's Invitational Tournament



Electric Fridays were a big hit in the summer



Our thanks to Joe Paiva of Swiss Chalet for his continued support of our summer camps!



Many thanks to the club members who came out to do the Fall Cleanup

Inter-City League

During the summer, some of our club members competed against three other area clubs, Victoria Park, Northfield and Westmount in an InterCity League. The Waterloo Tennis Club ended the season in second place. Congrats to all the players: Martha D'Agostino, Sheila Brown, Pat Craton, Helen McArdle, Lisa Hoffman, Joanne Raymond (captain), Kathleen Janzen, Doris Ernst, Elizabeth Huss, Ellen Molenaar & Janine Heider.

Inter-Urban Report

This year Inter-Urban competitive league activities started off on a promising and enthusiastic start in May when over thirty five members, men and women, signed up for the tryouts May 4. The tryouts were conducted by pros, Mike Ratcliff and Manny Castillo. This year several new faces from a wider cross-section than usual of the club's membership came out to test their skills against perennial and more experienced team representatives.

As usual, the club was represented by two teams, one each in Division I and Division II. A team consists of both men and women as a match consists of men, women and mixed doubles.

After the completion of the regular season at the end of July, our Div I had placed second. However, in playoff action, we lost 15-17 sets to Victoria Park I in a nail-biter finish in the semi-finals. Northfield I won this division.

Division II placed a close third in regular season play but saved the best efforts for last. In semi-final play we beat Cutten who were in second place after the regular season. In a closely-contested final against Northfield II, Waterloo came out on top by a score of 18-14 sets. Congratulations to our Division II team for this very fine result.

As is customary, the playoff winner of Division II has the option of deciding whether to move up to Division I or not, and again Waterloo has decided not to move up so that the club can maintain a team in both divisions.

Many congratulations to all the members listed below who represented the club so well this year. Thank you for being cooperative and making my job as captain both a pleasure and privilege.

Men: Chris Batchelor, Frank Bonet, Dave Buchanan, Manny Castillo, Eddie Cen, Mel De Oliviera, Chris Edwards, John Ferland, Magnuss Forstmanis, Michael Jonckheere, Bao Lam, Steve Nieboer, Tom Nguyen, Tony Nguyen, Tony Pimenoff, Gary Winter.

Women: Pat Babcock, Sheila Brown, Leovina Canete, Pat Craton, Martha D'Agostino, Suzanne Edwards, Shirley Fenton, Lisa Hoffman, Nancy Lee-Ledgely, Helen McArdle, Tina Niu, Mary Ruehlicke, Jen Vasic, Adrienne Zoe.

Pat Craton

Captain, WTC Inter-Urban teams.



Marten Johnston Memorial Tournament

Twenty four players came out to play in the Marten Johnston Memorial Team Tennis Tournament on Saturday Sept 28th. There was lots of cheering as team mates urged each other on. At the end of the afternoon Steven Nieboer, Sue Yagi and mother and son, Mary and John Murray were the winning team.

Their names have joined the previous winners on Marten's memorial bench.

Marten Johnston had many roles during his years working at the club but the best way to describe him would be the 'club guardian' as he spent over 16 hours a day here. Marten passed away from cancer in 2009. This tournament is held annually in his memory and he would have loved seeing everyone have fun on the courts that day.



Steven Nieboer, Sue Yagi, Mary & John Murray



Joan Bradich (far right)
Oueens' Cup (Over 75)

Seniors in Austria

Two of our club seniors competed in September in Austria in the Super Senior World Championships. Congratulations to Joan Bradich and Guido Weber for representing Canada in these championships.



Guido Weber (far left)
Jack Crawford Cup (Over 70)



Osteopathy and Yoga for Tennis Players



Mind, Matter and Motion understands that you love your sport! We also recognize that this sport in particular can place considerable strain on your body. Tennis can be a major cause of injury, strains, pains and aches.

As a result of overuse, playing too hard, or playing too often, the most common example of injury is tennis elbow and biceps tendinitis. Whether you have a diagnosis, or are simply beginning to experience pain in the joints while at play, we can help.

As Registered Osteopath's DO(MP)'s and Certified Yoga Instructors, we use our knowledge of body mechanics to help lengthen and relax short, tight muscles and release soft tissue restrictions. We will restore structural balance, improve joint mobility and reduce adhesions. This will restore ease of movement and enhance performance.

Our Yoga classes are designed with your sport of choice in mind. Twists to assist the core, and shoulder openers to allow the power and free flow movement in your swing. All of the starts and stops on the court are tough on your hips! We focus on opening them up, and releasing tension. This helps relieve any lower back pain and creates faster bursts of speed on the court. At *Mind*, *Matter & Motion* we also work with you to strengthen your knees, ankles and hip flexors to reduce the possibility of future injury.

We offered two complimentary classes at Waterloo Tennis Club for any member to try free of charge on Tuesday, November 19th from 6 to 7 pm and Thursday, November 21st from 9:30 to 10:30 am. If you are interested in taking our classes at our studio, please check our website for our class schedule. Our drop-in classes cost \$15/person. Alternatively, if there is enough interest, we can come to the Waterloo Tennis Club. Let us or the club know what day and time works best for you. Namaste!

Nicole Cluett & Dana Smith @ Mind, Matter & Motion! www.mindmatterandmotion.com







~ Round-Robins ~

	Time	Games & Duration	Round Robin Fee	Ball Fee	Total Fee	Level
Monday	8:00pm-10:00pm	3 games 40 minutes	\$11.00	\$1.75	\$12.75	4.5+
Wednesday	8:00pm- 10:00pm	3 games 40 minutes	\$11.00	\$1.75	\$12.75	3.0 - 3.5
Thursday	12:00 pm – 2:00 pm	3 games 40 minutes	\$9.00	\$1.75	\$10.75	Ladies 3.0-3.5
Friday	7:00pm- 9:00pm	3 games 40 minutes	\$11.00	\$1.75	\$12.75	Mixed
Saturday	9:00am- 11:00am	3 games 40 minutes	\$11.00	\$1.75	\$12.75	3.0 - 3.5 (Co-ed)
	11:00am- 1:00pm	3 games 40 minutes	\$11.00	\$1.75	\$12.75	3.5 - 4.0 (Co-ed)
	1:00pm- 3:00pm	3 games 40 minutes	\$11.00	\$1.75	\$12.75	4.5+ Men

All our Round Robins run for 2 hours and consist of three 40 - minute matches. We will be using the "Up and Down" format for all our Round Robins. "Up and Down" is a rotation format where players move 'Up' towards the top court if they win a match or 'Down' towards the bottom court if they lose a match. Partners also split up after each match so that everyone gets to play with a number of people.

You can either sign up for these round robins by adding your first and last name to the list that's up on the bulletin board at the club or by calling the club (519) 885-3920 and ask staff to add your name to the list.

MEMBERS and NON – MEMBERS: <u>Members have first priority</u>. Non-members will only be allowed if there are spaces still available the day before play. In such an event, staff will inform the non-member of availability so please make sure a phone number is included when signing up. Non-members are to sign up in the Waiting list section.

Cost for non-members is \$20.

To make the round robins enjoyable and challenging for all, **players are asked to enter the round robin that is appropriate to their playing level.** If you are uncertain, please ask one of the pros and they will advise you.

FALL LADDER

The fall singles ladder has just started up. This is a great and easy way to set up singles matches with a number of different members within the club.

You must sign up for a free Courtside Canada account to play on the ladder. There is a \$7.50 registration fee to join the ladder. Registration closes on Nov 30th.

What's happening in December?

Holiday Mixer

Dec 7th 7-9 pm

Come celebrate the start of the holiday season with this fun and laid back mixer.

Sign up as an individual for some doubles matches on court from 7:00-9:00, and don't forget to bring your favourite holiday cookies or Christmas treat for the pot-luck afterwards in the upstairs lounge!





WTC Christmas Brunch

Dec 15th - 11:30 am

On Sunday, December 15th, the WTC will once again host a free Holiday Brunch for members in the Helen Nethercott Lounge. 50 members will have the chance to enjoy a fabulous spread prepared by the WTC Social committee.

The event gives members a chance to socialize with their fellow

players and meet new friends from the club.

Space is limited so please sign up for the brunch on the club bulletin board.







Twenty two youngsters (and their parents) came out to our first Progressive Tennis Fun Day.

High School Tennis News

A number of WTC's junior members enjoyed success representing their respective schools this Fall in the recent Central Western Ontario tennis championships (CWOSSA).

Kenzie Arnott, Mirabel Saiar, Aliyah Ali and Field Westbroek played a major part in Cameron Heights Golden Gaels winning the overall title. This was the week after Cameron Heights had won the Waterloo County championship (WCSSAA), snapping Waterloo Collegiate's seven-year winning streak. Kenzie and Mirabel won the girls doubles and Aliyah and Field won the mixed doubles.

Derek Holzscherer and Connor Gorrie (Waterloo Collegiate) won the boys doubles.

Victor Sydorczak (St. David) won the boys singles.

Ryan MacLean and Sean Begy (Resurrection) who participate in the WTC Gold program, won their District 8 tournament to qualify for the CWOSSA championships.



Our thanks to the UW Tennis Club for their \$1,000 donation. They don't always look this scary.



Waterloo Warriors



The University of Waterloo Warriors men's tennis team had one of its most successful seasons this year when it placed third at the OUA Championships played at the Mayfair club in Markham over the Thanksgiving weekend. Going into the season-ending championships with a 3-4 record after regular season play, they saved their best for last. Led by their no. 1 player Vincent Chan (Markham, ON), the combined efforts of the team resulted in a third-place finish. Vincent won the silver medal in singles play and together with John Chan, captured the doubles title.

The most successful Warrior this season though was rookie John Chan (Whistler, BC) who went undefeated the entire regular season playing mostly at no. 3 and a couple of matches in the no. 2 position as well. His only loss came in the final of the OUA championships in his flight. Both Chans were named OUA All Stars of which there are six. John also had the added honour of being named OUA Rookie of the Year.

This season's results made up for the disappointment of losing out on third place last year when the Warriors fell short by half a point. This was their best showing since 2009 when the school came second to a mighty York squad that year.

The women Warriors, did not fare as well as their male counterparts. They were fifth after the regular season and maintained that position at the OUA Championships. The team had three rookies in its starting lineup and this season was a learning experience for them. The good news is that they are more accomplished than many of the rookies in the recent past and the future looks promising for the women Warriors.

The men and women Waterloo Warriors are coached by Pat Craton and Gary Winter.

Submitted by Pat Craton

Winter Court Tennis Etiquette

- Food and smoking are not allowed on the courts. Except for water containers, no drinks are allowed on the courts.
- Loud conversations, abusive language and outbursts of anger are not permitted. Please be considerate of the others playing on adjacent courts and remember that there may be children listening.
- Equipment such as nets, net posts, bubble walls, court surface, etc. must not be physically abused.
- Players must be considerate of the game in progress and therefore should not move between courts when play is in progress. Kindly ask for your ball to be returned when play on the court your ball has rolled onto has stopped. If they do not hear you, go across to get your ball once their point is over.
- Proper tennis shoes must be worn at all times. Boots or shoes with heels, bars, high ribbed soles, coarse treads, etc. are not permitted. Shoes with dark soles that will mark the indoor courts are not permitted. In the winter time, wet shoes may not be worn on court. Please leave your boots or wet shoes in the shoe ranks in the lobby or in the change rooms and put on dry indoor shoes.
- Once the buzzer goes off and your time is up, finish your point and then leave the court promptly so that the next group coming on have their full hour too. If no one comes on the court you can continue play until your game is finished. If you choose to continue playing for longer than an hour please stop by the front desk to pay for your extra time when you are done.





CALENDAR OF EVENTS

Sunday Dec 1st, 1pm – 5pm - <u>Team Tennis Round One</u> Friday Dec 6th, 7pm – 9pm - Holiday Pot Luck Mixer Sunday Dec 8th – OTA Rookie Tournament Sunday Dec 15th – Christmas Brunch Sunday Dec 15th, 6pm – 8pm – Junior Round Robin Sunday Jan 5th, 1pm – 5pm - <u>Team Tennis Round Two</u> Friday Jan 17th, 6pm – 8pm – Electric Friday Mixer Sunday Jan 19th, 9am – 4pm – "G'day Mate" Singles Tournament Sunday Feb 2nd, 1pm – 5pm - Team Tennis Round Three Monday Feb 17th, 1pm – 3pm - Family Fun Day Friday Feb 21st, 6pm – 8pm – Electric Friday Mixer Sunday Mar 2nd, 1pm – 5pm - <u>Team Tennis Round Four</u> Friday Mar 21st, 6pm – 8pm – Electric Friday Mixer Sunday Mar 23rd, 9 am – 4pm – Men's and Women's Doubles Tournament Sunday Apr 6th, 1pm – 5pm - <u>Team Tennis Round Five</u>

Sunday Apr 20th, 9 am – 4 pm - Mixed Doubles Tournament